

Now I can...

get out and do



When severe dizziness threatened her go-getter lifestyle, 83-year-old Odessa Whitehead of Ridgeland thought: “I can’t live the rest of my life like this.”

She had great-grandkids to babysit, a yard to keep and plenty of plans to “get out and do.”

So she’s grateful that her doctor recommended a balance disorder specialist at Methodist Outpatient Rehabilitation in Flowood.

Whitehead said her treatment for the vertigo—a series of head maneuvers that reposition misplaced calcium crystals in the inner ear—was surprisingly simple and effective.

“It sounded like a lot of hocus pocus, and I came in really skeptical,” Whitehead said. “But you know what, I got better.”



Earl R. Wilson, Founding Chairman
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