



Earl R. Wilson, Founding Chairman

**METHODIST**  
REHABILITATION CENTER



## Frequently Asked Questions



# Q & A

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### **How will I get to Methodist Rehab?**

Your referring physician, social worker or case manager will arrange the most appropriate transportation based on your medical condition.

### **What should I bring?**

For therapy, you'll need comfortable, washable clothing, such as warm-up suits, sweats, shorts and T-shirts, as well as tennis shoes or rubber-soled walking shoes. There's no need to over-pack – complimentary washers and dryers are available for personal use.

If you use devices such as slings, braces, wheelchairs, canes, corsets, crutches, splints and TENS units, bring those along, too. Your physician also will want to see the medications you're currently taking.

### **What happens when I arrive?**

You'll be met at the front door and escorted to your room, where you can take care of admission paperwork in a comfortable setting.

### **What will my room be like? And can a family member or sitter stay with me?**

We offer private and semi-private rooms that come equipped with a telephone, TV, wireless Internet service and, when needed, a convertible couch, chair or extra bed for family. Feel free to personalize your room with photos, posters or a battery-operated radio or CD or MP3 player.

### **What kind of staff will care for me?**

Your care will be guided by a physiatrist, a doctor specially trained in rehabilitation medicine. Your doctor will coordinate your treatment with a team that includes rehabilitation nurses, physical therapists, occupational therapists, respiratory therapists, speech therapists, neuropsychologists, pharmacists, social workers, therapeutic recreation specialists, clinical dietitians, case managers, biomedical engineers and orthotists and prosthetists.



### **What's a 'typical' day like?**

Therapy schedules depend on each person's diagnosis, condition and goals. However, patients are expected to participate in three or more hours of therapy each weekday and some time on Saturdays. Your evenings are your own to rest or visit with friends, family or other patients.

### **How long will I stay in rehab?**

That depends on your diagnosis and your progress. Discharge plans are continually adjusted to reflect each person's progress.

### **Will Methodist Rehab be covered by my insurance?**

Our admissions staff will verify your insurance coverage before you arrive. We accept all types of funding resources, including private insurance, Medicare, Medicaid, Worker's Compensation insurance, Medicare HMO and self-pay.

### **Are guest meal trays available for family members of patients?**

Yes, guest meals may be ordered in the Nutrition Services office, adjacent to the second floor Cornerstone Café, Monday-Friday from 8 a.m. until 4:30 p.m. On weekends and holidays, meals may be ordered during the lunch meal times in the café, from 11 a.m. until 2 p.m. Guest trays will consist of what is offered for our regular diet patients on those particular days. Meal costs are \$2 for breakfast and \$3 each for lunch and dinner. Family members are also invited to dine in the Cornerstone Café at lunch.

### **Are there places for family and friends to eat at the hospital?**

Yes. The second floor Cornerstone Café is open to the public for lunch from 11 a.m. to 2 p.m. There is also a McDonald's restaurant in the Atrium Mall that is open from 6 a.m. to 11 p.m. each day. Vending machines are located on the first floor near the lobby. A coffee shop with light snacks is also located in the Atrium near McDonald's.

### **Where can I go if I want to spend some time away from my room?**

A gift shop, medical library, McDonald's restaurant, coffee shop, and chapel are located in our Atrium Mall, a relaxing getaway on our first and second floor. An outside deck is accessible from our third floor.

### **Where can my family or friends park?**

There are several public parking lots on the University of Mississippi Medical Center campus, including one right in front of Methodist Rehab. These pay lots charge by the hour. Parking passes for UMC lots may be obtained through the UMC business office.

### **When can I have visitors?**

Normally, there are no restrictions for immediate family members. In fact, they are encouraged to attend therapy sessions for teaching and education purposes.



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### Can I be treated by my Methodist Rehab physician and clinicians after I leave the hospital?

Of course. Our staff physicians and clinicians provide follow-up care through an outpatient clinic located on the hospital's second floor. Medical care is also available at **Methodist Pain Management** and **Methodist Spine & Joint Center**, two clinics located on our Flowood campus.

### Is outpatient therapy available?

MRC is dedicated to help you recover from your initial injury or illness. And, we are here to support you and your family for years to come. We have an extensive network of outpatient services, including therapy for neurological and orthopedic conditions, a community reintegration program for brain injury survivors and comprehensive orthotics and prosthetics clinics in Mississippi and Louisiana. Our neuropsychology staff also provides outpatient services.

### What if I can't go home?

Our case managers assist patients and their families with alternate plans when a patient needs more care than can be provided at home. Patients who are eligible receive priority access to **Methodist Specialty Care Center**, a 60-bed residential facility in Flowood that meets the health and lifestyle needs of people with severe disabilities.



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